

## **Support and Coping**

### **A survival guide for people with Asperger Syndrome**

This is an online publication written by a person with Asperger Syndrome for his peers. Marc Segar was only 23 when he passed away, but his legacy is a fascinating insight into the thought processes of a person with Asperger Syndrome. For someone with this condition, it provides useful hints for deciphering body language, finding friends, sexuality, and how misinformation about Asperger Syndrome by "neuro-typicals" can be handled. Marc was from the U.K., so the language and experiences reflect that culture.

<http://www.shifth.mistral.co.uk/autism/marc2.htm>

### **Being an Autistic's Friend**

From the personal webpage of Joel, an adult with autism. This article keys in on one of the myths of autism - that autistic persons do not desire or require friendship. This article provides some personal but pertinent advice for those "neuro-typical" persons who share, or wish to share, a relationship with an autistic person.

<http://www.geocities.com/growingjoel/friendship.html>

### **BBB Online Support Network**

This extremely popular website was created by and for parents of children with autism. Based in Ontario, it carries members from all over the world, including parents of children from preschool age to adults. Despite its 'homemade' look, this is a well run website that hosts online chats, bulletin boards, articles and links. The site does not endorse any particular kind of therapy, but invites discussion in a supportive atmosphere.

<http://www.bbbautism.com/>

### **Online Asperger Syndrome Information & Support (OASIS)**

This popular website is maintained by Barbara Kirby, author of the extremely popular book "The OASIS Guide to Asperger Syndrome". There is a lot of information on this site, including research articles, family matters, adults with Asperger Syndrome and more. This website works in frames, so you must orientate your way through the site from the menu on the left hand side.

<http://www.udel.edu/bkirby/asperger/>